Defining opportunities and a collective vision to reduce risk of harm & support people who use drugs to live well.

Digital Lifelines

The programme is led by Digital Health and Care Directorate at the Scottish Government, with core partners including Drugs Research Network Scotland, Scottish Council for Voluntary Organisations, Turning Point Scotland, Connecting Scotland and Digital Health and Care Innovation Centre. Innovation School researchers employed participatory approaches to integrate a diverse range of perspectives - delivery partners, people who use drugs, organisations delivering services and the wider sector. A bespoke visual tool designed around the metaphor of a 'healing forest' enabled people with lived experience to share their journeys, to support an in-depth understanding of what matters to them.

"Street Soccer (...) it's criminal justice, addictions, employment, housing and mental health (...) it's sport as a platform to help



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mouth at the hostel going to the centre, is vith 'boys at the centre'. ".. beob and has been going helping other people. e don't kid each other on (..) He usually meets there for about six Giving a bit back sort f I do have a drink, I will go the key worker months. The 'girls in the of thing. (...) that n the next morning and say, at the hostel hostel office' makes you feel better." ook I had a drink yesterday', every Wed. "He is He would like to continue are available nd they'll say, 'It's alright, it a good person to with Street soccer even to help people happens, just get back to it, talk to." after his Aspire course. "I all the time. There are different get focused again". would like to part time (..) people at Street don't know what department Soccer, like a in health and social care, but "Street Soccer is manager, programme ".. all the boys that are I would quite like working basically a platform (...) coordinator and other there now that are with youth groups or Now, it's criminal staff, but the roles are actually employed, I something, just leading them justice, addictions, not as formal as that. think they started off in the right direction." employment, housing the same as me. We all and mental health. (...) and honesty between have the same life it's sport as a platform experiences...' He hasn't people who use drugs to help you there." felt a need and those who Raman and Simms 2022 for other cupport and caro for



Translating Insights into Concepts

The collective vision emerging is that people who use drugs, particularly those with multiple, complex and enduring needs, will have access to integrated digitally enabled services to receive support in a way that works for them, which includes a 'no wrong door' approach with joined up services. For example, by addressing challenges of accessing services for the first time, "...but once you get through that door, the help's there", and enabling access to support "under one roof", as highlighted by participants. The findings and recommendations from the work has informed the strategic plan for the next two years of the national programme, with DHI continuing to facilitate co-design, development and testing of the digitally enabled solutions and services with people who use drugs and those providing care.

Raman and Simms 2022

"We now have a clear set of requirements for the next phase of work, a means of communicating this clearly and visually and enhanced strategic coherence across numerous delivery partners."



Digital Health & Care Innovation Centre