Mackintosh School of Architecture | PhD (Energy & Sustainability)

DIARY INFORMATION

DIARY: 02

NO. OF OCCUPANTS: 2 occupants

ADDRESS: 7/6 200 Sandiefield Rd

DIARY DATES: 30 Nov 06 / 4 Dec 2006

MONITORING DATES: 26 Oct 2006-9 Nov 2006 (Temp/RH)

4-5 Dec 2006 (CO₂ and Temp/RH)

1. HEALTH (Yes - 1, No - 0, Unsure - 100, N/A - 99)

	1	1	ı	1	1		1	1	
DIARY No.	Regular Diet	Smoked	No. Cigarettes	Medication	Medication for health	Alcohol	No. of units consumed		
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2. OCCUPATION AT HOME (Yes - 1, No - 0, Unsure - 100, N/A - 99)

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DIARY No.		Laundry	Drying	Cooking	Cleaning	Others			
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3. HEATING (Yes - 1, No - 0, Unsure - 100, N/A - 99, a - auto)

DIACK YNO. No. N	3. HEA	11111	J (16	:5 — I	, NO	– u, t	Jiisu	ii e –	100,	IN/A -	99, 6	1 - au	10)							
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REASONS: Warmth, due to the weather outside

4. VENTILATION - WINDOWS (Yes - 1, No - 0, Unsure - 100, N/A - 99)

DIARY No.	Windows Opened	Lvrm	Lvrm –duration	Kitchen	Kitchen – duration	Bdrm 1	Bdrm 1 – duration	Bdrm 2	Bdrm 2 – duration	Bdrm 3	Bdrm 3 – duration	Bathroom	Bathroom – duration	Toilet	Toilet – duration	Difficulty to operate
1	100	100	100	100	100	100	100	100	100	99	99	100	100	99	99	100
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REASONS: Tumble dryer on; open window to ventilate (hose)

5. VENTILATION - TRICKLE VENTS (Yes - 1, No - 0, Unsure - 100, N/A - 99)

DIARY No.	Trickle Vents Opened	Lvrm	Lvrm – duration	Kitchen	Kitchen – duration	Bdrm 1	Bdrm 1 – duration	Bdrm 2	Bdrm 2 – duration	Bathroom	Bathroom – duration	Toilet	Toilet – duration	Difficulty to operate
1	1	1	100	1	100	1	100	0	0	0	0	99	99	100
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REASONS: Fresh air, need to ventilate after smoking

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6. EMOTIONS & WELL-BEING 1 (Positive – 1, Negative – 0, Unsure – 100, N/A - 99)

DIARY No.	Temperature in house	Temp. in house – Intensity	Weather	Weather – Intensity	Other reasons	Other – Intensity	Health Condition	Health – Intensity	No. Problems	Problems – Intensity	No. Control problems	Control - Intensity
1	1	3	0	5	0	5	0	5	3	5	100	100
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NOTES:

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7. EMOTIONS & WELL-BEING 2 (Positive – 1, Negative – 0)

No. Enthusiastic –	Intensity Proud – Intensity	Active – Intensity	Alert – Intensity	Irritable – Intensity	Scared/Afraid – Intensity	Other Emotions			
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ADDITIONAL NOTES:

- Noted feeling depressed about problems with electricity, heating, dampness at high impact of intensity
- Other reasons for having negative emotions is because not feeling well
- Comfortable temperature at home; evening is cool (weather not helping)
- Depressing, dreary
- Nightmare to go to work (windy weather); was sick from food and was on stomach medication
- Same aches and pains
- Heating hard to control; problems with rent beforehand but have won battle to have them lowered
- Difficult to control home environment
- Relieved over rents being lowered (positive)