JANICE FUNG

Mackintosh School of Architecture | PhD (Energy & Sustainability)

DIARY INFORMATION

DIARY: **02**

NO. OF OCCUPANTS: **2 occupants**

ADDRESS: **7/6 200 Sandiefield Rd**

DIARY DATES: **30 Nov 06 / 4 Dec 2006**

MONITORING DATES: **26 Oct 2006-9 Nov 2006 (Temp/RH)**
4-5 Dec 2006 (CO_2 and Temp/RH)

1. HEALTH (Yes – 1, No – 0, Unsure – 100, N/A - 99)

DIARY No.	Regular Diet	Smoked	No. Cigarettes	Medication	Medication for health	Alcohol	No. of units consumed			
1	0	1	?	1	100	0	99			
2	0	1	20	1	1	0	99			
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2. OCCUPATION AT HOME (Yes – 1, No – 0, Unsure – 100, N/A - 99)

DIARY No.	No. Hours at home	Laundry	Drying	Cooking	Cleaning	Others				
1	?	0	0	0	0	0				
2	24	1	0	0	1	0				
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3. HEATING (Yes – 1, No – 0, Unsure – 100, N/A - 99, a - auto)

DIARY No.	Heating On	Lvrm	Lvrm – Radiator Level	Kitchen	Kitchen – Radiator Level	Bdrm 1	Bdrm 1 – Radiator Level	Bdrm 2	Bdrm 2 – Radiator Level	Bdrm 3	Bdrm 3 – Radiator Level	Bathroom	Bathroom – Ratdiator Level	Toilet	Toilet – Radiator Level	Hallway	Hallway – Radiator Level	Thermostat(s)	Difficulty to operate
1	1	1	1	0	0	0	0	0	0	99	99	0	0	99	99	1	1	99	100
2	1	1	a	0	0	0	0	0	0	99	99	0	0	99	99	1	a	99	1
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REASONS: Warmth, due to the weather outside

4. VENTILATION – WINDOWS (Yes – 1, No – 0, Unsure – 100, N/A - 99)

DIARY No.	Windows Opened	Lvrm	Lvrm –duration	Kitchen	Kitchen – duration	Bdrm 1	Bdrm 1 – duration	Bdrm 2	Bdrm 2 – duration	Bdrm 3	Bdrm 3 – duration	Bathroom	Bathroom – duration	Toilet	Toilet – duration	Difficulty to operate
1	100	100	100	100	100	100	100	100	100	99	99	100	100	99	99	100
2	0	0	0	0	0	0	0	0	0	99	99	0	0	99	99	1
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REASONS: Tumble dryer on; open window to ventilate (hose)

5. VENTILATION – TRICKLE VENTS (Yes – 1, No – 0, Unsure – 100, N/A - 99)

DIARY No.	Trickle Vents Opened	Lvrm	Lvrm – duration	Kitchen	Kitchen – duration	Bdrm 1	Bdrm 1 – duration	Bdrm 2	Bdrm 2 – duration	Bathroom	Bathroom – duration	Toilet	Toilet – duration	Difficulty to operate
1	1	1	100	1	100	1	100	0	0	0	0	99	99	100
2	1	1	100	1	100	1	100	0	0	0	0	99	99	0
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REASONS: Fresh air, need to ventilate after smoking

6. EMOTIONS & WELL-BEING 1 (Positive – 1, Negative – 0, Unsure – 100, N/A - 99)

DIARY No.	Temperature in house	Temp. in house – Intensity	Weather	Weather – Intensity	Other reasons	Other – Intensity	Health Condition	Health – Intensity	No. Problems	Problems – Intensity	No. Control problems	Control - Intensity
1	1	3	0	5	0	5	0	5	3	5	100	100
2	1	5	0	4	0	5	0	5	2	5	0	5
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NOTES:

7. EMOTIONS & WELL-BEING 2 (Positive – 1, Negative – 0)

DIARY No.	Enthusiastic – Intensity	Proud – Intensity	Active – Intensity	Alert – Intensity	Irritable – Intensity	Scared/Afraid – Intensity	Other Emotions					
1	100	100	100	100	100	100	100					
2	3	3	4	5	3	1	1					
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ADDITIONAL NOTES:

- Noted feeling depressed about problems with electricity, heating, dampness at high impact of intensity
- Other reasons for having negative emotions is because not feeling well

- Comfortable temperature at home; evening is cool (weather not helping)
- Depressing, dreary
- Nightmare to go to work (windy weather); was sick from food and was on stomach medication
- Same aches and pains
- Heating hard to control; problems with rent beforehand but have won battle to have them lowered
- Difficult to control home environment
- Relieved over rents being lowered (positive)